

Box Hill Athletic Club Summer Bulletin 2011 - 2012 No. 19
Tuesday 21 February 2012

UPCOMING EVENTS

Thursday, February 23, Rare Air Club, Melbourne Uni
Thursday, February 23, 5000m Races, Melbourne Uni
February 24-26, Vic Junior Championships, Albert Park
February 24-26, Vic Open Multi-Events, Albert Park
Saturday, February 25, AV Throwers, Ringwood
Thursday, March 1, Rare Air Club, Melbourne Uni
March 2-3 AA Tour - IAAF World Challenge, Albert Park
Thursday, March 8, Rare Air Club, Box Hill
March 9-11, Victorian Open Championships, Albert Park

HIGH VELOCITY CLUB AT ALBERT PARK, FEB. 14

100m

Tom Cornelius 11.61

Iman Balla

Long Jump

Iman Balla 5.75m

400m Hurdles

Tom Robertson 55.19

Alex Di Medio 57.90

400m

Daniel White-Alikakos 49.55

Emily Goessler 61.19

Helen Tower 67.11

MILERS CLUB AT MELBOURNE UNI, FEB. 16

One mile

Steve Dinneen 4:13.1 (Bronze Medal)

Will Potter 4:16.5

Dale Bickham 4:45.9

Steve Griffin 4:53.0

Tom Snibson 5:02.9

Helen McRae 5:17.5

Amy Carrig 5:24.7

800m

Daniel Clark 1:54.4

Daniel Balassone 1:54.7

Tyler Agius 1:55.5

Ben Noske 1:57.3

Ruben Arunasalam 1:58.5

Ryan Green 1:59.2

Sam Makcie 2:01.7

Nick Baggott 2:01.7

Laughlin Norney 2:02.1

Cameron Martin 2:08.2

Ned Snibson 2:11.7

David Ayers 2:19.1

Bert Pelgrim 2:21.4

Natalie Ambrose 2:18.0

Hannah Deal 2:18.3

Jule Norney 2:26.2

Katherine Foley 2:27.2

RARE AIR CLUB AT BOX HILL, FEB. 18

Pole Vault

James Filshie 5.10m

Brodie Cross 4.65m

Simone Carre 3.70m

Verity Cooper 3.40m

POST SHIELD COMP. AT DONCASTER, FEB. 18

100m

Andrew Wilcox 11.8

David Mitchell 12.3

Marcus Johnson 12.5

Col Pocklington 13.2

James Tennant 15.1

800m

Ben Noske 2:01.8

Marcus Johnson 2:18.8

James Tennant 2:44.9

3000m

Will Potter 8:47.5

Michael Dowel 8:56.0

Charmaine McNally 12:05.3

400m Hurdles

Alex Di Medio 57.3

Jake Musson 60.8

Long Jump

Yiota Carbournotis 4.12m