Box Hill Athletic Club Summer News 18 Thursday 5 February 2009

UPCOMING EVENTS

Saturday, Feb 7 Shield Region Final Box Hill

Saturday, Feb 14 Shield Final Meadowglen (Epping)

Feb 19-22, Victorian Open and U20 Champs Olympic Park Feb 20-22, Youth and Masters Relay Champs Olympic Park Feb 27-Mar 1, Victorian Youth Champs Olympic Park Feb 27-Mar 1, Open and U20 Relay Champs Olympic Park Monday, March 2 A night with Steve Hooker (see below)

SHIELD COMPETITION AT BOX HILL THIS SATURDAY

The East Region final will be held at Box Hill this Saturday, starting at 5:00pm (hammer throw at 3:30). Please note the change of time. Due to the expected hot weather the competition will be held as a twilight meet. Most of our teams have qualified for the finals, but we urge all athletes to come along and if you (or your team) have not qualified for the finals you can still compete by invitation.

Box Hill has qualified for the finals in the following divisions

Women under 16 Women under 18 Women open division 1

Men under 18 Men 40+ Men open division 1 Men open division 2

Unfortunately our women's division 2 team and our men's under 16 team have missed out.

The premier team in each division and the runner up will both qualify for the association shield finals at Meadowglen next Saturday, February 14

A NIGHT WITH THE HOOKER ... (Steve),

Monday the 2nd of March 2009 at the Box Hill clubrooms

Olympic Gold Medalist, Steve Hooker will be coming back to his old club to talk about his triumph in Beijing and his plans for the future. The evening will include: video presentation (Steve at the Olympics, as well as the early days at Box Hill), an interview with Steve, silent auction and raffle, drinks at bar prices & finger food provided.

Proceeds will go towards the purchase of new

Pole Vault covers at Box Hill Track and the Athletics Club would like to thank Steve for donating his time.

For more information please contact either:

Blake Lucas 0405 434 571 / blake lucas@hotmail.com or Adam Pepper 0402 083 469 / thedrpepper@bigpond.com or reply to this email.

Please book in advance to ensure seats: \$25 for Adults and \$10 for U18. Everybody welcome. It was also pleasing to hear of Steve's great triumph in New York last weekend, clearing 6.01m and having a couple of good attempts at a world record 6.16m

RESULTS FROM ROUND 12 OF SHIELD COMPETITION

100 F16 Budden, Tessa 14.85 Dyer, Chelsea 17:36.5 3000WF16

Pocklington, Alex 1:08.3 400 F16

000	D 4.6		
800	F16	Atkin, Liselle 2:31.4	
800	F16	Dyer, Chelsea 2:46.7	
800	F16	Savige, Amelia 2:48.7	
HJ	F16	Budden, Tessa 1.40	
JT	F16	Dyer, Chelsea 35.74	2.45
PV	F16	Marchant, Rebecca	3.45
PV	F16	Pocklington, Alex	3.30
100	F18	Aughton, Bridget	13.38
100	F18	George, Ryleigh	13.72
100	F18	Carrig, Anna 14.03	13.72
100	F18	Brock, Catherine	14.11
100	F18	Poon Hornett, Kim	14.48
100	F18	Houston, Katherine	14.91
100H		George, Ryleigh	19.1
400	F18	Turnbull, Olivia1:01.7	17.1
400	F18	Carrig, Anna 1:04.2	
800	F18	Turnbull, Olivia2:21.5	
800	F18	Carrig, Amy 2:27.9	
800	F18	•	
PV	F18	De Luca, Emily 2:29.1 Cross, Breanne 3.30	
PV	F18		2.55
T J	F18	Houston, Katherine	2.55 12.29
TJ		Marchant, Rebecca	12.29
TJ	F18	Carrig, Anna 9.90	9.35
TJ	F18	Brock, Catherine	9.33
1 J	F18	Carrig, Amy 8.91	
100	FOP	CarabourniotisYiota	14.2
100	FOP	Kirby, Alannah 15.15	
100H	FOP	Aughton, Bridget	15.6
3000	FOP	Hodgkinson, Harriet	12:52.3
TJ	FOP	Gagovska, Samantha9.5	59
100	FOP	Sudholz, Bronwyn	13.09
100	FOP	Phillips, Angela 14.35	
100	FOP	Lee, Vivienne 15.25	
3000	FOP	Johnson, Rachel	10:37.2
3000	EOD	Conley, Margie 11:55.1	
3000	FOP		
3000	(inv)	McNally, Charmaine	12:59.8
3000 400	(inv) FOP	McNally, Charmaine Barrington, Priscilla	
	(inv) FOP FOP	McNally, Charmaine Barrington, Priscilla Crawford, Talitha	12:59.8 13:23.1 1:02.1
400	(inv) FOP	McNally, Charmaine Barrington, Priscilla	12:59.8 13:23.1
400 800	(inv) FOP FOP	McNally, Charmaine Barrington, Priscilla Crawford, Talitha Ackland, Kathryn	12:59.8 13:23.1 1:02.1 2:17.0
400 800 800	(inv) FOP FOP FOP	McNally, Charmaine Barrington, Priscilla Crawford, Talitha Ackland, Kathryn Crawford, Talitha	12:59.8 13:23.1 1:02.1 2:17.0 2:17.7
400 800 800 800	(inv) FOP FOP FOP FOP	McNally, Charmaine Barrington, Priscilla Crawford, Talitha Ackland, Kathryn Crawford, Talitha Cleland, Coreena	12:59.8 13:23.1 1:02.1 2:17.0 2:17.7 2:28.4
400 800 800 800 800	(inv) FOP FOP FOP FOP FOP	McNally, Charmaine Barrington, Priscilla Crawford, Talitha Ackland, Kathryn Crawford, Talitha Cleland, Coreena Andrews, Suzanne	12:59.8 13:23.1 1:02.1 2:17.0 2:17.7 2:28.4
400 800 800 800 800 800	(inv) FOP FOP FOP FOP FOP FOP	McNally, Charmaine Barrington, Priscilla Crawford, Talitha Ackland, Kathryn Crawford, Talitha Cleland, Coreena Andrews, Suzanne Law, Rebecca 2:55.9	12:59.8 13:23.1 1:02.1 2:17.0 2:17.7 2:28.4
400 800 800 800 800 800 JT	(inv) FOP FOP FOP FOP FOP FOP	McNally, Charmaine Barrington, Priscilla Crawford, Talitha Ackland, Kathryn Crawford, Talitha Cleland, Coreena Andrews, Suzanne Law, Rebecca 2:55.9 Carre, Simone 25.92	12:59.8 13:23.1 1:02.1 2:17.0 2:17.7 2:28.4 2:34.5
400 800 800 800 800 800 JT PV TJ	(inv) FOP FOP FOP FOP FOP FOP FOP FOP	McNally, Charmaine Barrington, Priscilla Crawford, Talitha Ackland, Kathryn Crawford, Talitha Cleland, Coreena Andrews, Suzanne Law, Rebecca 2:55.9 Carre, Simone 25.92 Adams, Melanie Carabourniotis, Yiota10	12:59.8 13:23.1 1:02.1 2:17.0 2:17.7 2:28.4 2:34.5
400 800 800 800 800 800 JT PV TJ	(inv) FOP FOP FOP FOP FOP FOP FOP FOP	McNally, Charmaine Barrington, Priscilla Crawford, Talitha Ackland, Kathryn Crawford, Talitha Cleland, Coreena Andrews, Suzanne Law, Rebecca 2:55.9 Carre, Simone 25.92 Adams, Melanie Carabourniotis, Yiota10 Dyer, Mitchell 9:14.9	12:59.8 13:23.1 1:02.1 2:17.0 2:17.7 2:28.4 2:34.5
400 800 800 800 800 800 JT PV TJ 1500V 100	(inv) FOP FOP FOP FOP FOP FOP FOP FOP WM16 M16	McNally, Charmaine Barrington, Priscilla Crawford, Talitha Ackland, Kathryn Crawford, Talitha Cleland, Coreena Andrews, Suzanne Law, Rebecca 2:55.9 Carre, Simone 25.92 Adams, Melanie Carabourniotis, Yiota10 Dyer, Mitchell 9:14.9 Cross, Brodie 12.9	12:59.8 13:23.1 1:02.1 2:17.0 2:17.7 2:28.4 2:34.5
400 800 800 800 800 800 JT PV TJ 1500V 100	(inv) FOP FOP FOP FOP FOP FOP FOP FOP WM16 M16	McNally, Charmaine Barrington, Priscilla Crawford, Talitha Ackland, Kathryn Crawford, Talitha Cleland, Coreena Andrews, Suzanne Law, Rebecca 2:55.9 Carre, Simone 25.92 Adams, Melanie Carabourniotis, Yiota10 Dyer, Mitchell 9:14.9 Cross, Brodie 12.9 Parkinson, Joshua	12:59.8 13:23.1 1:02.1 2:17.0 2:17.7 2:28.4 2:34.5
400 800 800 800 800 800 JT PV TJ 1500V 100 100	(inv) FOP FOP FOP FOP FOP FOP FOP FOP M16 M16 M16	McNally, Charmaine Barrington, Priscilla Crawford, Talitha Ackland, Kathryn Crawford, Talitha Cleland, Coreena Andrews, Suzanne Law, Rebecca 2:55.9 Carre, Simone 25.92 Adams, Melanie Carabourniotis, Yiota10 Dyer, Mitchell 9:14.9 Cross, Brodie 12.9 Parkinson, Joshua Collins, Sam 15.7	12:59.8 13:23.1 1:02.1 2:17.0 2:17.7 2:28.4 2:34.5 3.30 .31
400 800 800 800 800 800 JT PV TJ 1500V 100 100 400	(inv) FOP FOP FOP FOP FOP FOP FOP FOP WM16 M16 M16 M16	McNally, Charmaine Barrington, Priscilla Crawford, Talitha Ackland, Kathryn Crawford, Talitha Cleland, Coreena Andrews, Suzanne Law, Rebecca 2:55.9 Carre, Simone 25.92 Adams, Melanie Carabourniotis, Yiota10 Dyer, Mitchell 9:14.9 Cross, Brodie 12.9 Parkinson, Joshua Collins, Sam 15.7 Coughlin, Andrew	12:59.8 13:23.1 1:02.1 2:17.0 2:17.7 2:28.4 2:34.5 3.30 .31
400 800 800 800 800 JT PV TJ 1500V 100 100 400 800	(inv) FOP FOP FOP FOP FOP FOP FOP FOP WM16 M16 M16 M16 M16	McNally, Charmaine Barrington, Priscilla Crawford, Talitha Ackland, Kathryn Crawford, Talitha Cleland, Coreena Andrews, Suzanne Law, Rebecca 2:55.9 Carre, Simone 25.92 Adams, Melanie Carabourniotis, Yiota10 Dyer, Mitchell 9:14.9 Cross, Brodie 12.9 Parkinson, Joshua Collins, Sam 15.7 Coughlin, Andrew Martin-Alcaide, Kyle	12:59.8 13:23.1 1:02.1 2:17.0 2:17.7 2:28.4 2:34.5 3.30 .31
400 800 800 800 800 JT PV TJ 1500V 100 100 400 800 800	(inv) FOP FOP FOP FOP FOP FOP FOP FOP WM16 M16 M16 M16 M16 M16	McNally, Charmaine Barrington, Priscilla Crawford, Talitha Ackland, Kathryn Crawford, Talitha Cleland, Coreena Andrews, Suzanne Law, Rebecca 2:55.9 Carre, Simone 25.92 Adams, Melanie Carabourniotis, Yiota10 Dyer, Mitchell 9:14.9 Cross, Brodie 12.9 Parkinson, Joshua Collins, Sam 15.7 Coughlin, Andrew Martin-Alcaide, Kyle Coughlin, Andrew	12:59.8 13:23.1 1:02.1 2:17.0 2:17.7 2:28.4 2:34.5 3.30 .31
400 800 800 800 800 800 JT PV TJ 1500V 100 100 400 800 800 800	(inv) FOP FOP FOP FOP FOP FOP FOP FOP WM16 M16 M16 M16 M16 M16 M16	McNally, Charmaine Barrington, Priscilla Crawford, Talitha Ackland, Kathryn Crawford, Talitha Cleland, Coreena Andrews, Suzanne Law, Rebecca 2:55.9 Carre, Simone 25.92 Adams, Melanie Carabourniotis, Yiota10 Dyer, Mitchell 9:14.9 Cross, Brodie 12.9 Parkinson, Joshua Collins, Sam 15.7 Coughlin, Andrew Martin-Alcaide, Kyle Coughlin, Andrew Tyson, Don 2:07.8	12:59.8 13:23.1 1:02.1 2:17.0 2:17.7 2:28.4 2:34.5 3.30 .31
400 800 800 800 800 800 JT PV TJ 1500V 100 100 400 800 800 800	(inv) FOP FOP FOP FOP FOP FOP FOP FOP M16 M16 M16 M16 M16 M16 M16 M16 M16	McNally, Charmaine Barrington, Priscilla Crawford, Talitha Ackland, Kathryn Crawford, Talitha Cleland, Coreena Andrews, Suzanne Law, Rebecca 2:55.9 Carre, Simone 25.92 Adams, Melanie Carabourniotis, Yiota10 Dyer, Mitchell 9:14.9 Cross, Brodie 12.9 Parkinson, Joshua Collins, Sam 15.7 Coughlin, Andrew Martin-Alcaide, Kyle Coughlin, Andrew Tyson, Don 2:07.8 Dyer, Mitchell 2:29.3	12:59.8 13:23.1 1:02.1 2:17.0 2:17.7 2:28.4 2:34.5 3.30 .31
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100	1410	C 1' T 11.00	
100	M18	Cornelius, Tom 11.88	10.5
100	M18	Brock, Christopher	12.5
110H	M18	Brock, Christopher	18.1
3000	M18	Aloisio, Anthony	9:18.6
3000	M18	Dyer, Jackson 9:56.6	
3000	M18	Dowel, Michael 10:07.8	
400	M18	Johnson, Marcus	53.5
400	M18	Cross, Braeden 54.5	
400	M18	Snibson, James 55.1	
800	M18	Balassone, Daniel	2:02.3
800	M18	Snibson, James 2:06.6	
800	M18	Schneider, Danny	2:07.5
800	M18	Baggott, Nicholas	2:11.2
JT	M18	Potter, William 32.55	
JT	M18	Schneider, Danny	32.25
JT	M18	Wu, Kevin 15.65	
PV	M18	Papas, Tim 4.35	
TJ	M18	Potter, William 10.92	
TJ	M18	Schneider, Danny	10.27
10	1,110	Semieraer, Bunny	10.27
3000	(inv)	Stefanos, Peter 12:02.4	
3000	M40+	Stevens, David 12:03.4	
3000	M40+	Tunne, Andrew 12:24.1	
	/M40+	Summers, Harry	21:37.5
400	M40+	Gardner, Neville	1:24.9
800	M40+	Gardner, Neville	3:16.5
JT	M40+	Gardner, Neville	15.87
TJ	M40+	Gardner, Neville	5.82
1 J	W140+	Gardner, Neville	3.82
100	MOP	Medford, Rhett 11.15	
100	MOP	Lucus, Blake 11.55	
100	MOP	Sherry, Cameron	11.66
100	MOP	Zeed, Mohamad	11.73
100	MOP	Baker, Cameron	11.73
100	MOP	Filshie, James 12.06	11.72
100	MOP	Zeed, Imran 12.25	
100	MOP	Knott, Peter 12.27	
100	MOP	Spry, Jesse 12.36	10.51
100	MOP	Pocklington, Joel	12.51
100	MOP	Pocklington, Colin	12.87
100	MOP	Wong, Hiu Yeung	12.89
100	MOP	Tyson, Don 13.88	
	MOP	Zeed, Mohamad	15.3
	MOP	Wong, Hiu Yeung	19.1
110H		Zeed, Imran 19.2	
110H	MOP	Baker, Cameron	19.8
3000	MOP	Jimenez, David 9:51.8	
3000	MOP	Griffin, Steven 9:52.5	
3000	MOP	O'connor, Chris 10:28.2	
3000	MOP	Olden, Graeme 10:45.6	
3000	MOP	Dinneen, Stephen	13:12.2
3000W		Evans, Simon 15:18.6	
3000W		Dyer, Mitchell 15:51.5	
400	MOP	Featherston, David	52.3
400	MOP	Tirhazouine,Otmane52.	
400	MOP	Zeed, Imran 52.8	
400	MOP	Nagle, Andrew 53.7	
400	MOP	Haddow, Andrew	56.0
400	MOP	Cross, David 58.9	20.0
1 00	14101	C1033, David 30.3	

MOP	Chefnaoui, Bouchaib 1:	55.8
MOP	Nagle, Andrew 1:58.0	
MOP	Boxshall, Paul 2:07.0	
MOP	Ayers, David 2:10.9	
MOP	Cross, David 18.61	
MOP	Spry, Jesse 1.90	
MOP	Spry, Jesse 38.99	
MOP	Pocklington, Joel	4.95
MOP	Lucus, Blake 4.80	
MOP	Sherry, Cameron	4.65
MOP	Baker, Cameron	3.30
MOP	Spry, Jesse 2.85	
MOP	Baker, Cameron	8.81
	MOP MOP MOP MOP MOP MOP MOP MOP MOP MOP	MOP Nagle, Andrew 1:58.0 MOP Boxshall, Paul 2:07.0 MOP Ayers, David 2:10.9 MOP Cross, David 18.61 MOP Spry, Jesse 1.90 MOP Spry, Jesse 38.99 MOP Pocklington, Joel MOP Lucus, Blake 4.80 MOP Sherry, Cameron MOP Baker, Cameron MOP Spry, Jesse 2.85

WEDDINGS!

Congratulations to all the Box Hill people who have been married in recent weeks. Adam Pepper, Leana Tilley, Chris Wall and Jess De Bruin have all tied the knot in recent weeks. The club wishes them and their partners all the best for the future.